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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Школа | | | | | | | Производство столовой №2 (Дружба) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Отд./корп | | | | |  | | | | |  |  |  |  |  |  |  |  | День | | 08.09.2021 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Прием пищи | | | | | | | Раздел | | | | | | | | № рец. | | | | | | | | Блюдо | | | | | | | | | | | | | | | | | | | Выход, г | | | | | Цена | | | | Калорийность | | | | | | | Белки | | | Жиры | Углеводы |
| Завтрак 1-4 кл (63,16) и ОВЗ | | | | | | | Закуска | | | | | | | | №63-2015г. | | | | | | | | Салат из моркови с курагой | | | | | | | | | | | | | | | | | | | 65 | | | | | 6,11 | | | | 55,45 | | | | | | | 0,79 | | | 0,06 | 4,19 |
|  | | | | | | | Горячее блюдо | | | | | | | | №223-2015г. | | | | | | | | Запеканка из творога с молоком сгущенным | | | | | | | | | | | | | | | | | | | 100/25,5 | | | | | 47,48 | | | | 340,30 | | | | | | | 36,59 | | | 15,91 | 161,32 |
|  | | | | | | | Горячий напиток | | | | | | | | №685-2004г. | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 1,85 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Кондитерское изделие | | | | | | | |  | | | | | | | | Пряники глазированные с начинкой | | | | | | | | | | | | | | | | | | | 39 | | | | | 7,72 | | | | 136,50 | | | | | | | 1,95 | | | 2,34 | 26,91 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **63,16** | | | | **592,25** | | | | | | | **39,40** | | | **18,33** | **207,42** |
| Обед 1-4 класс (54) ОВЗ 1 смена | | | | | | | Закуска | | | | | | | | №71-2015г. | | | | | | | | Овощи натуральные свежие (помидоры) | | | | | | | | | | | | | | | | | | | 20 | | | | | 2,12 | | | | 4,40 | | | | | | | 0,22 | | | 0,04 | 0,76 |
|  | | | | | | | Первое блюдо | | | | | | | | №82-2015г. | | | | | | | | Борщ со свежей капустой и картофелем | | | | | | | | | | | | | | | | | | | 250 | | | | | 7,95 | | | | 103,75 | | | | | | | 1,80 | | | 4,92 | 10,93 |
|  | | | | | | | Горячее блюдо | | | | | | | | ТТК №26 | | | | | | | | Котлета "Нежная" (из цыплят и свинины) | | | | | | | | | | | | | | | | | | | 60 | | | | | 28,32 | | | | 186,72 | | | | | | | 8,40 | | | 13,32 | 8,40 |
|  | | | | | | | Гарнир | | | | | | | | №304-2015г. | | | | | | | | Рис отварной | | | | | | | | | | | | | | | | | | | 100 | | | | | 6,65 | | | | 139,80 | | | | | | | 2,43 | | | 3,58 | 24,46 |
|  | | | | | | | Напиток (сладкое блюдо) | | | | | | | | №648-2004г. | | | | | | | | Кисель плодово-ягодный | | | | | | | | | | | | | | | | | | | 200 | | | | | 5,88 | | | | 118,00 | | | | | | |  | | |  | 30,60 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Батон | | | | | | | | | | | | | | | | | | | 20 | | | | | 1,85 | | | | 56,00 | | | | | | | 1,60 | | | 0,60 | 10,80 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 28 | | | | | 1,23 | | | | 63,84 | | | | | | | 2,41 | | | 0,36 | 12,66 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **54,00** | | | | **672,51** | | | | | | | **16,86** | | | **22,83** | **98,60** |
| ГПД - Обед | | | | | | | Закуска | | | | | | | | №71-2015г. | | | | | | | | Овощи натуральные свежие (помидоры) | | | | | | | | | | | | | | | | | | | 20 | | | | | 2,12 | | | | 4,40 | | | | | | | 0,22 | | | 0,04 | 0,76 |
|  | | | | | | | Первое блюдо | | | | | | | | №82-2015г. | | | | | | | | Борщ со свежей капустой и картофелем | | | | | | | | | | | | | | | | | | | 250 | | | | | 7,95 | | | | 103,75 | | | | | | | 1,80 | | | 4,92 | 10,93 |
|  | | | | | | | Горячее блюдо | | | | | | | | ТТК №26 | | | | | | | | Котлета "Нежная" (из цыплят и свинины) | | | | | | | | | | | | | | | | | | | 40 | | | | | 18,88 | | | | 124,48 | | | | | | | 5,60 | | | 8,88 | 5,60 |
|  | | | | | | | Гарнир | | | | | | | | №304-2015г. | | | | | | | | Рис отварной | | | | | | | | | | | | | | | | | | | 100 | | | | | 6,65 | | | | 139,80 | | | | | | | 2,43 | | | 3,58 | 24,46 |
|  | | | | | | | Напиток (сладкое блюдо) | | | | | | | | №685-2004г. | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | 200 | | | | | 1,85 | | | | 60,00 | | | | | | | 0,07 | | | 0,02 | 15,00 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Батон | | | | | | | | | | | | | | | | | | | 15 | | | | | 1,39 | | | | 42,00 | | | | | | | 1,20 | | | 0,45 | 8,10 |
|  | | | | | | | Хлеб | | | | | | | | ПР | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | 26 | | | | | 1,16 | | | | 59,28 | | | | | | | 2,24 | | | 0,34 | 11,75 |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **40,00** | | | | **533,71** | | | | | | | **13,56** | | | **18,23** | **76,60** |
| ***Специалист по питанию*** | | | | | | | | | Уткина В. Н. | | | | | | | | | |  |  |  |  | ***Зав. производств.*** | | | | | | | | | | | |  |  |  | ***Бухгалтер*** | | | | | | | Сафоненко | | | | | | | | | | | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **Согласовано Директор** | | | | | | | | | | | | | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **подпись                                 расшифровка** | | | | | | | | | | | | | | | |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Школа | | | | | | | | | | Производство столовой №2 (Дружба) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Отд./корп | | | | | | | | | | | | |  |  | |  |  |  | | |  |  |  | |  | | День | | | | | | | | | | | 08.09.2021 | | | | | | | | | | | | | | |
|  |  | |  | |  | |  |  | | |  | |  | |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | |  | | |  | | |  |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  | |  | | |  | |  | |  |  |  |  |  |  | |  | | |  | | | | |  | | | | | |  | | | |  | | |  | |  | |  | | |  | |  | |  | |  |  | |  |  |  |  |
| Прием пищи | | | | | | | | | | | | | | | | | Раздел | | | | | | | | | | | | | | | | № рец. | | | | | | | | | | | | | Блюдо | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Выход, г | | | | | | | Цена | | | | | | | | Калорийность | | | | | | | | | | | | | | | | | | | | Белки | | | | | | Жиры | | | Углеводы | | | | |
| Завтрак 7,00 (бюджет) | | | | | | | | | | | | | | | | | Закуска | | | | | | | | | | | | | | | |  | | | | | | | | | | | | | Бутерброд с ягодой протертой | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 14/24 | | | | | | | 5,19 | | | | | | | | 96,60 | | | | | | | | | | | | | | | | | | | | 1,88 | | | | | | 0,70 | | | 22,78 | | | | |
|  | | | | | | | | | | | | | | | | | Горячий напиток | | | | | | | | | | | | | | | | №685-2004г. | | | | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 195 | | | | | | | 1,81 | | | | | | | | 58,50 | | | | | | | | | | | | | | | | | | | | 0,07 | | | | | | 0,02 | | | 14,63 | | | | |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **7,00** | | | | | | | | **155,10** | | | | | | | | | | | | | | | | | | | | **1,95** | | | | | | **0,72** | | | **37,41** | | | | |
| Завтрак 12-18 лет с доплатой | | | | | | | | | | | | | | | | | Горячее блюдо | | | | | | | | | | | | | | | | №223-2015г. | | | | | | | | | | | | | Запеканка из творога с молоком сгущенным | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 95/9 | | | | | | | 40,52 | | | | | | | | 283,70 | | | | | | | | | | | | | | | | | | | | 17,27 | | | | | | 14,65 | | | 20,77 | | | | |
|  | | | | | | | | | | | | | | | | | Горячий напиток | | | | | | | | | | | | | | | | №685-2004г. | | | | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 190 | | | | | | | 1,76 | | | | | | | | 57,00 | | | | | | | | | | | | | | | | | | | | 0,07 | | | | | | 0,02 | | | 14,25 | | | | |
|  | | | | | | | | | | | | | | | | | Кондитерское изделие | | | | | | | | | | | | | | | |  | | | | | | | | | | | | | Пряники глазированные с начинкой | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 39 | | | | | | | 7,72 | | | | | | | | 136,50 | | | | | | | | | | | | | | | | | | | | 1,95 | | | | | | 2,34 | | | 26,91 | | | | |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **50,00** | | | | | | | | **477,20** | | | | | | | | | | | | | | | | | | | | **19,28** | | | | | | **17,01** | | | **61,93** | | | | |
| Завтрак 47,00 (ОВЗ) | | | | | | | | | | | | | | | | | Горячее блюдо | | | | | | | | | | | | | | | | №223-2015г. | | | | | | | | | | | | | Запеканка из творога с молоком сгущенным | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 85/12 | | | | | | | 37,43 | | | | | | | | 264,10 | | | | | | | | | | | | | | | | | | | | 15,74 | | | | | | 13,11 | | | 20,83 | | | | |
|  | | | | | | | | | | | | | | | | | Горячий напиток | | | | | | | | | | | | | | | | №685-2004г. | | | | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 200 | | | | | | | 1,85 | | | | | | | | 60,00 | | | | | | | | | | | | | | | | | | | | 0,07 | | | | | | 0,02 | | | 15,00 | | | | |
|  | | | | | | | | | | | | | | | | | Кондитерское изделие | | | | | | | | | | | | | | | |  | | | | | | | | | | | | | Пряники глазированные с начинкой | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 39 | | | | | | | 7,72 | | | | | | | | 136,50 | | | | | | | | | | | | | | | | | | | | 1,95 | | | | | | 2,34 | | | 26,91 | | | | |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **47,00** | | | | | | | | **460,60** | | | | | | | | | | | | | | | | | | | | **17,76** | | | | | | **15,47** | | | **62,73** | | | | |
| Обед 7,00 (ОВЗ) | | | | | | | | | | | | | | | | | Первое блюдо | | | | | | | | | | | | | | | | №82-2015г. | | | | | | | | | | | | | Борщ со свежей капустой и картофелем | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 190 | | | | | | | 6,04 | | | | | | | | 78,85 | | | | | | | | | | | | | | | | | | | | 1,37 | | | | | | 3,74 | | | 8,31 | | | | |
|  | | | | | | | | | | | | | | | | | Первое блюдо | | | | | | | | | | | | | | | | ПР | | | | | | | | | | | | | Хлеб ржано-пшеничный | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 22 | | | | | | | 0,96 | | | | | | | | 50,16 | | | | | | | | | | | | | | | | | | | | 1,89 | | | | | | 0,29 | | | 9,94 | | | | |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **7,00** | | | | | | | | **129,01** | | | | | | | | | | | | | | | | | | | | **3,26** | | | | | | **4,03** | | | **18,25** | | | | |
| Льготники 19,50 | | | | | | | | | | | | | | | | | Горячее блюдо | | | | | | | | | | | | | | | | №223-2015г. | | | | | | | | | | | | | Запеканка из творога с молоком сгущенным | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 40/6 | | | | | | | 17,69 | | | | | | | | 1125,20 | | | | | | | | | | | | | | | | | | | | 7,43 | | | | | | 6,17 | | | 10,00 | | | | |
|  | | | | | | | | | | | | | | | | | Горячий напиток | | | | | | | | | | | | | | | | №685-2004г. | | | | | | | | | | | | | Чай с сахаром | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 195 | | | | | | | 1,81 | | | | | | | | 58,50 | | | | | | | | | | | | | | | | | | | | 0,07 | | | | | | 0,02 | | | 14,63 | | | | |
| **Итого** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | **19,50** | | | | | | | | **183,70** | | | | | | | | | | | | | | | | | | | | **7,50** | | | | | | **6,19** | | | **24,63** | | | | |
| ***Специалист по питанию*** | | | | | | | | | | | | | | | | | | | | | Уткина В. Н. | | | | | | | | | | | | | | | | | | |  | |  |  | |  | ***Зав. производств.*** | | | | | | | | | | | | | | | | | | | | | | | | | |  | |  | | |  | | ***Бухгалтер*** | | | | | | | Сафоненко | | | | | | | | | | | | | | | | | | | | | | | | |  | | |  | |  | |  | |  | | |  | | | | |
|  | |  | |  | |  | | |  | | |  | |  | | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  | |  |  | |  | **Согласовано Директор** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |  | | | | | | | |  | | | | |  | | | | |  | | |  | |  | |  | | |  | |  | |  | |  | | |  | | | | |
|  | |  | |  | |  | | |  | | |  | |  | | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  |  | |  | |  |  | |  |  | | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  | | **подпись                                 расшифровка** | | | | | | | | | | | | | | | | | | | | | |  | | | | |  | | | |  | | |  |  | |  | |  | | |  | |  | |  | |  | | |  | | | | |